

SD41

FOREST GROVE GRAPEVINE



December Calendar—to see all events of this month—please view on website <http://forestgrove.sd41.bc.ca/wp-content/uploads/2016/06/December-Calendar-2016.pdf>

Newsletter
November 30, 2016

Forest Grove Food Drive

Throughout the month of December, Forest Grove staff and students will be holding a food drive with the intention of putting together Christmas hampers for families that live in our community.

Each class has been assigned a “meal time” in order to help us collect a variety of food donations. Starting December 1st, all classes will have a container in their classroom.

This is an event that is held to enhance student learning about empathy and caring for others. Thank you for supporting this event with your donations.

A notice will be sent home on November 30th with details, or you can see the notice here:

<http://forestgrove.sd41.bc.ca/wp-content/uploads/2016/11/food-hamper-drive-2016.pdf> .



Please send in all non-perishable or cash donations no later than December 15th.

- Div. 1 & 2: GIFT CARDS for grocery stores or cash donations to purchase gift cards
- Div. 3 & 4: BREAKFAST ITEMS (cereal, oatmeal, breakfast bars, pancake mix, etc.)
- Div. 5 & 6: LUNCH ITEMS (soup, pasta, crackers, tuna, etc.)
- Div. 7 & 8: DINNER ITEMS (pasta, canned meat, rice, canned vegetables & fruit, etc.)
- Div. 9 & 10: SNACKS (crackers, granola bars, fruit snacks, chips, etc.)
- Div. 11, 12, 13, 14: BREAKFAST, LUNCH, DINNER ITEMS



Bake Sale! Thursday, December 8!

Date: Thursday December 8, 2016
Time: Lunch Time
Place: Front Office Area

PAC Cookie and Pie order pickup soon!
Details on page 2



Purdy's and Cookie & Pie Pickup

Thursday December 1st:

Purdy's Pick-Up 2:30-4pm and 6-6:30pm Community Room

Friday December 2nd

Cookie & Pie Pick-Up 2:45-4:30pm Community Room



A big thank you to all who participated in our Purdy's and Cookie & Pie fundraisers!

If you ordered Purdy's from our online fundraiser, your order will be ready for pick-up on Thursday December 1st between 2:30-4pm & 6-6:30pm in the Community Room across from the office.

If you ordered cookies & pies, your order will be ready for pick-up on Friday December 2nd between 2:45-4:30pm.

Remember, these products are frozen and must be picked up as soon as possible! The school cannot provide storage.



The Burnaby School District would like to reduce the amount of cash and cheques coming into our schools. Please join the thousands of parents who have already registered and are enjoying the convenience of paying ONLINE! It takes less than 5 minutes to register. We prefer our school payments to be online. You can find more information on how to sign up here:

<http://www.sd41.bc.ca/wp-content/uploads/2015/09/School-cash-instructions.pdf>

FUN LACROSSE 2017

For new players - boys & girls ages 5-10

5 Sessions for \$25 - No equipment required

Played indoors at Charles Rummel Centre, 3630 Lozelles Avenue

SPACE LIMITED, REGISTER EARLY!

www.burnabylacrosse.com for signup information

Need more info? Susan @ 604-312-6181 or

burnabyfunlacrosse@gmail.com

The intermediate dance club has started. This is a club for



students in grades 4-7. We will work on a variety of dance styles and choreography this year and have some very fun opportunities to perform. We meet every Thursday at lunch in the gym. If your child is interested please contact Mrs. Howey at the school or at dawn.howey@sd41.bc.ca . Primary dance club will start after the winter break.

Supplies Needed

Mrs. Howey and Ms. Tang are looking for the following items:

- Lego
- Wooden Blocks
- Craft Supplies (ribbon, dried flowers, nature products etc.)
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If you have any items to donate please see Ms. Tang or Mrs. Howey

Thank You!

November 2016 PAC Garden Committee Update

What is the Garden Committee and how you can help? The Garden Committee is focused on supporting the evolving Garden Program at Forest Grove Elementary through fundraising (Salsa Sales), grant writing and meeting regularly to discuss ideas and upcoming school garden projects. Our main goal this year is to also finish the school's Labyrinth by adding some reflection stones to the corners, adding a plaque to the large boulder and engraving the boulder with words of Virtues. Sprouting Chefs is the non profit community partner organization that oversees the program by facilitating the Garden Club, Seed Classes, Cooking Classes and After School Cooking Classes.

Parents, teachers and other community members are invited to join the committee to have a voice in the direction of the program. By having these areas of support the garden and green spaces around the school are planted (Seed Classes where the whole school participates), maintained and sustained (Garden Club), and the children of the school get to learn how to cook and eat what they grew (After School Cooking Classes). Did you know that because of all these various activities we do with our school garden that Forest Grove is seen as the model program for school gardens in the District? It's true! Many schools in Burnaby are now looking to us for guidance and support. In fact, we had our first ever District Garden Symposium in the Spring of 2014 to bring 9 different schools together to talk about resource sharing and the various goals each of the schools have. We will be having another School Garden Symposium in 2017.

For the rest of the newsletter, please go here <http://forestgrove.sd41.bc.ca/wp-content/uploads/2016/06/Garden-Committee-Update.pdf> . This newsletter was also emailed to parents separately.

If you would like to become a part of this committee; you have a passion for positive change, are able to help research for grants or help write them, you love to garden and want to be a part of the Garden Club or have interest in helping our next District Garden Symposium, please contact us: Barb from Sprouting Chefs barb@sproutingchefs.com or Al Post, Principal al.post@sd41.bc.ca .



Winter After-School Cooking Classes

Dear Parents,

Sprouting Chefs will be offering After School Cooking Classes on Tuesdays and Thursdays in the Community Room of Forest Grove Elementary starting again in January:



Seedlings: Ages 7 to 9 yrs old (6 Students Maximum) - \$60

Dates: **Thursdays** 3:30 pm to 5:30 pm – January 12, 19, 26, Feb 2, 9

Demo Class with some hands on cooking and food preparation

Knife Skills, Reading a Recipe, Measuring Ingredients, and Kitchen Tools

Recipes will highlight seasonal local ingredients and cultural foods from Italy, France, Asia and the West Coast of course!

Sprouts: Ages 10 to 13 yrs old (10 Students Maximum) - \$70

Dates: **Tuesdays** 3:30 pm to 5:30 pm – January 10, 17, 24, 31, Feb 7

Hands on class

Knife Skills, Reading a Recipe, Measuring Ingredients, and Kitchen Tools where by the end of the sessions, student will be creating their own recipe.

Recipes will highlight seasonal local ingredients and cultural foods from Italy, France, Asia and the West Coast of course!

Mindful eating habits to keep our bodies and minds healthy; Why we eat what we eat.

To Register: Please fill out a registration form as well as the registration package by **January 4, 2017** that can be provided to you via email to barb@sproutingchefs.com or you can call to register by phone at 604-505-0074.

PLEASE NOTE: We are only accepting a TOTAL of 10 Students for the Older Session and only 6 Students for the Younger Session .

With Gratitude,

Ms. Barb McMahon



www.sproutingchefs.com

Email: barb@sproutingchefs.com